

ÇUKUROVA UNIVERSITY
YADYO
SCHOOL OF FOREIGN LANGUAGES



SAMPLE

ENGLISH PROFICIENCY EXAMINATION

SESSION II

(Integrated Writing & Writing a Text)

Student Number		List number	
Class			
Signature			

- This booklet includes two parts. Each part has its own instructions.
- Total time allocated for this test is 75 minutes excluding the lecture you will listen to in A. Integrated Writing Part.
- Good luck.

Total Mark (A + B)	
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A. INTEGRATED WRITING (10 pts.)

You will listen to a lecturer talking about the causes of phobias ONCE. Take notes in the space provided. You will need these notes to write a summary of this lecture. Your notes will not be graded.

Why do people have phobias?

Using your notes, summarize the lecture you have heard about the causes of phobias in a paragraph in maximum 110 words. Your summary will be graded according to *content, organization, accuracy of language* and *task quality*. (10 pts.)

B. WRITING A TEXT (20 pts.)

Choose **ONE** of the topics below and write an essay *in minimum 250 words* by giving reasons and examples to support your ideas. The points below are given as guidelines. You may use these or your own ideas. Your essay will be graded according to *content, organization, accuracy of language and task quality*.

1. *Some people believe that college students should be required to study abroad so that they are better prepared for a global world. What's your opinion?*

Agree	Disagree
<ul style="list-style-type: none">• better education opportunities• exploring new cultures	<ul style="list-style-type: none">• culture shock• homesickness

2. *A lot of people, young and old, use plastic surgery to change their appearance. What are the advantages AND/OR disadvantages of plastic surgery?*

Advantages	Disadvantages
<ul style="list-style-type: none">• better mental health• improved physical health	<ul style="list-style-type: none">• unnatural or identical appearance• dishonesty

3. *Overpopulation in big cities around the world has become a major problem. What are the causes and effects of this?*

Causes	Effects
<ul style="list-style-type: none">• lack of financial opportunities in rural areas• lower death rates as a result of improved healthcare	<ul style="list-style-type: none">• increased stress / conflicts among citizens• traffic congestion

A. INTEGRATED WRITING SCRIPT

You will listen to a lecturer talking about the causes of phobias ONCE. Take notes in the space provided. You will need these notes to write a summary of this lecture. Your notes will not be graded.

Good afternoon. Today's lecture is about phobias and why people have them. Now, before we look at the reasons, let me explain what a phobia is. A phobia is an extreme fear reaction. If you have a phobia, you may feel an extreme sense of fear or panic when you come face to face with the source of your fear. The fear can be of a certain place, situation, an object or an animal. According to a study, an estimated 19 million Americans have a phobia that causes difficulty in some area of their lives. But why do we have phobias? Science says that genetics, negative experiences and long-term stress may cause phobias.

Let's have a look at the genetic factors first. Some scientists claim that a person can develop a phobia because of older generations. Just like we get our hair color and eye color from our parents, we can get the genes from them that cause phobias. That means if your parents, or grandparents, had a phobia, it will increase your chances of developing a phobia too.

OK. The second main cause of phobias are negative experiences, which psychologists call "traumas". Traumas, or negative experiences at a young age can cause a phobia later in life. For example, if a person was attacked by an animal when he/she was a child, it could lead to a phobia. Many adults are extremely afraid of animals like dogs and cats because they had a negative experience with them when they were younger. Also, some people are afraid of flying because they had a problem on a plane when they were little.

Finally, a phobia may also come from long-term stress—if you have worked in a very stressful job for a long time, or suffered from depression for many years, this can reduce your ability to deal with some bad situations. It can make you feel more fearful or nervous about life and over a long period of time it could lead to a phobia. For example, let's think about policemen or soldiers. These people have to deal with dangerous and stressful situations every day. After a while they can develop phobias and become extremely afraid of things like the noise of traffic or fireworks.

Overall there are many reasons for phobias. According to scientists, main causes are genetics, negative experiences and long-term stress. But these can be solved with the help of doctors, medicine and therapy. So don't lose hope if you have a phobia.